



# Life GreenShoes4All

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CTCP – CENTRO TECNOLÓGICO DO CALÇADO DE PORTUGAL**

**APA, SESSÃO DE DIVULGAÇÃO E WORKSHOPS REGIONAIS  
PARA A CALL 2023 DO PROGRAMA LIFE – PORTO, 06-06-2023**

# CTCP

*Since 1986*  
*supporting the Footwear and Leather*  
*Goods Cluster*

We are a **non-profit organization**

**Facilities in São João da Madeira and Felgueiras**

+60 employees, +80% women

We are the **interface centre** that establishes **synergies** within the **Industry**  
and entities from the **R&D System**

<https://www.ctcp.pt/>

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# MAIN AREAS

QUALITY CONTROL  
LABORATORY

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RESEARCH AND  
SUSTAINABILITY

---

INDUSTRIAL  
ORGANIZATION

---

TRAINING AND  
QUALIFICATION

---

COMMUNICATION

ENVIRONMENT AND SAFETY  
TESTS

---

DIGITAL MANUFACTURING

---

INVESTMENT PROJECTS

---

INDUSTRIAL PROPERTY





# Research and Sustainability

*Promoting strategies to evolve, seeking the decarbonization and competitiveness of the cluster*

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ENVIRONMENT (LCA, RECYCLING..)

MATERIALS AND COMPONENTS

PRODUCT (FOOTWEAR, BAGS)

NEW PROCESS

PRODUCTION TECHNOLOGIES

SOFTWARE



# Quality Control Laboratory

*Testing Laboratory accredited  
ISO 17025*

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PHYSICO-MECHANICAL TESTS

CHEMICALS, RESTRICTED SUBSTANCES

COMFORT

ADVANCED APPLICATIONS AND SAFETY (CE MARK/PPE)

BIODEGRABILITY, COMPOSTING..

## CONTENTS



- Life GreenShoes4All
- Implementation of PEF studies to footwear products
- How to reduce the PEF of footwear?
- Case studies: Footwear products with lower PEF & Green materials





# LIFE GREEN SHOES 4 ALL



# LIFE GREENSHOES4ALL MAIN OBJECTIVES



Product Environmental Footprint (PEF) of footwear



New recycling approaches: materials & components



Green shoes with lower PEF





## BENEFICIARIES



COORDINATOR - PORTUGAL



Belgium



Spain



Portugal



Spain



Romania



Portugal



Portugal



Spain

IL PASSO

Romania



## BUDGET

Total amount: 1 120 129€  
% EC Co-funding: 58.9%



## DURATION

01 oct 2018 to  
30 set 2022





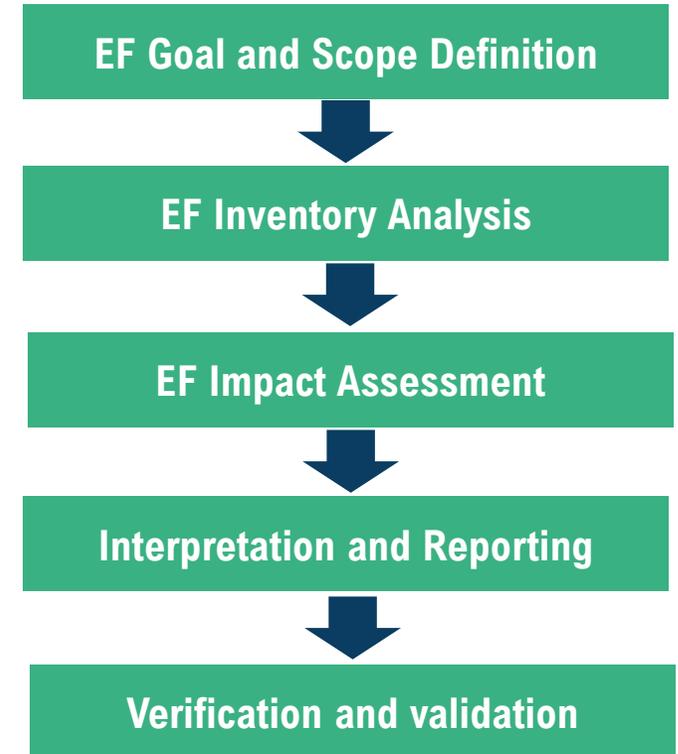
# IMPLEMENTATION OF PEF STUDIES TO FOOTWEAR PRODUCTS





## INTRODUCTION

- The EU Footwear Product Environmental Footprint (PEF) method is designed to measure the life cycle environmental performance of footwear products.
- The PEF method gives **quantitative information on the impacts of products**, following a Life cycle assessment (LCA) approach.
- PEF improves the **validity and comparability** of the environmental performance of products & can contribute to the **EU Green Deal Industrial Plan for the Net-Zero Age**.
- A tool to communicate to the consumers is still needed.





## SCOPE OF THE WORK

- Project Life GreenShoes4All implemented PEF/LCA studies to a total of **6 + 60 FOOTWEAR MODELS**, including: **OPEN-TOED SHOES, CLOSED-TOED SHOES, AND BOOTS**.
- The footwear models comprise **CHILDREN, FASHION, CASUAL, SPORTS, and SAFETY/WORK** footwear.
- Reference unit: 1 pair of shoes including packaging (size according user: children, women, men)



LIFE17 ENV/PT/000337 Footwear environmental footprint category rules implementation and innovative green shoes ecodesign and recycling  
<https://www.greenshoes4all.eu/>



## SYSTEM BOUNDARIES

The system boundaries of the studies comprise the **entire life cycle** (from cradle to grave), including the following life cycle stages:

- raw material acquisition and pre-processing (including packaging)
- manufacturing
- distribution
- end-of-life.

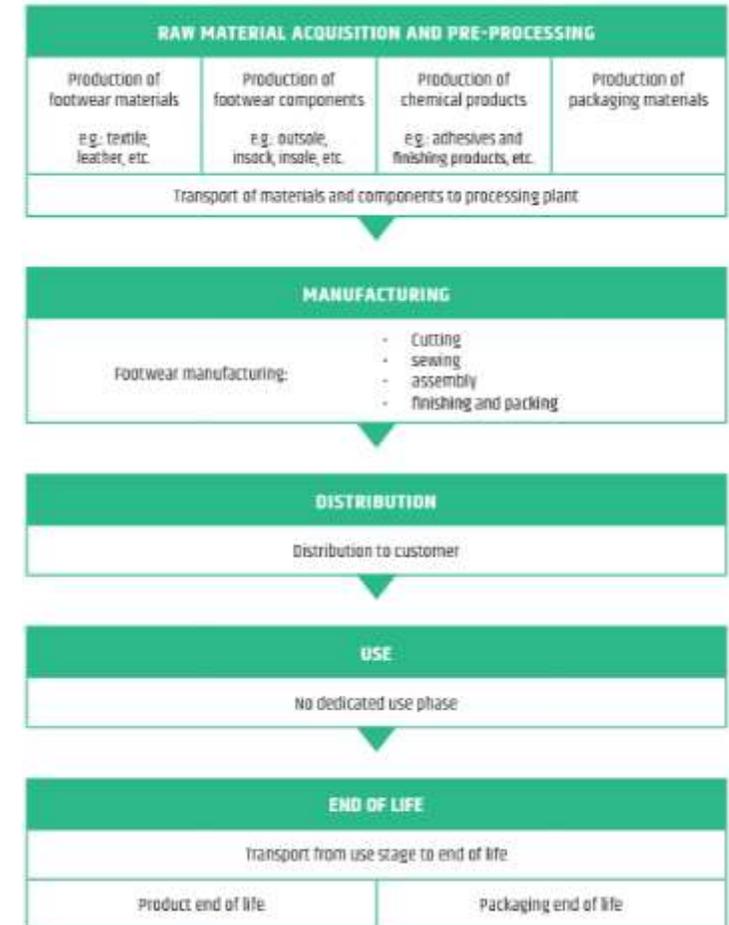


Figure 1 – System boundaries.

# IMPACT CATEGORIES



Table 1 - Impact categories.

16 EF  
Impact  
Categories

EF Impact Category	Impact category Indicator	Unit
Climate Change, total	Radiative forcing as global warming potential (GWP100)	kg CO <sub>2</sub> eq
Ozone depletion	Ozone Depletion Potential (ODP)	kg CFC-11 <sub>eq</sub>
Human toxicity, cancer	Comparative Toxic Units for humans (CTUh)	CTUh
Human toxicity, non-cancer	Comparative Toxic Units for humans (CTUh)	CTUh
Particulate matter	Impact on human health	disease incidence
Ionising radiation, human health	Human exposure efficiency relative to U <sup>235</sup>	kBq U <sup>235</sup> <sub>eq</sub>
Photochemical ozone formation, human health	Tropospheric ozone concentration increase	kg NMVOC <sub>eq</sub>
Acidification	Accumulated Exceedance (AE)	Mol H <sup>+</sup> <sub>eq</sub>
Eutrophication, terrestrial	Accumulated Exceedance (AE)	Mol N <sub>eq</sub>
Eutrophication, freshwater	Fraction of nutrients reaching freshwater end compartment (P)	kg P <sub>eq</sub>
Eutrophication, marine	Fraction of nutrients reaching marine end compartment (N)	kg N <sub>eq</sub>
Ecotoxicity, freshwater	Comparative Toxic Unit for ecosystems (CTU <sub>e</sub> )	CTU <sub>e</sub>
Land use	Soil quality index (+ Biotic production - kg biotic production; Erosion resistance - kg soil; Mechanical filtration - m <sup>3</sup> water; Groundwater replenishment - m <sup>3</sup> ground water)	Dimensionless (pt)
Water use	User deprivation potential (deprivation-weighted water consumption)	m <sup>3</sup> world <sub>eq</sub>
Resource use, minerals and metals	Abiotic resource depletion (ADP ultimate reserves)	kg Sb <sub>eq</sub>
Resource use, fossils	Abiotic resource depletion - fossil fuels (ADP - fossil)	MJ



## DATA COLLECTION

A specific inventory was prepared to support the data collection, including:

1. **General data** of product under study and total production of manufacturing facilities.
2. **Materials and components** composition and weight, origin, and type of transport.
3. **Chemical and auxiliary** products consumption used on models.
4. **Energy consumption**, including electricity, natural gas, fuel oil, coal, etc.
5. **Water** consumption.
6. Other **wastes and emissions** generated in the facilities and EoL.
7. **Distribution**, including distance and type of transport.

The form is titled 'Inventory' and is divided into several sections:

- General data:** A header section.
- Footwear manufacture data:** Fields for Enterprise name, Location, Country, Name, Mail, Phone, and Other.
- Footwear data:** Fields for Model name, General category, Model size, Shoe total weight (g), Pair of shoes total weight (g), Packaging weight (g), Total weight of product (pair of shoes & packaging) (g), Total production (pair of shoes), and Production of evaluated model (pair of shoes).
- Evaluated period:** Fields for Start month/year and Final month/year.
- Product picture:** A large empty area for uploading or describing the product.
- Checkbox for comments:** A section at the bottom for providing additional information.

Figure 2 - Inventory



## PEF RESULTS

Table 2 – Characterised, normalised, and weighted results of EF impact categories calculated for a pair of shoes (example).

Impact category	Characterised results		Normalised results			Weighted results		
	Reference unit	Total impacts	Global NFs	Units	Total impacts	Weighting factors	Units	Total impacts
Acidification	mol H+ eq	2,10E-01	5,56E+01	Person-years	3,78E-03	6,20	Points	2,34E-04
Climate change	kg CO2 eq	23,96	8,10E+03	Person-years	2,96E-03	21,06	Points	6,23E-04
Ecotoxicity, freshwater	CTUe	4,92E+02	4,27E+04	Person-years	1,15E-02	1,92	Points	2,21E-04
Eutrophication, freshwater	kg P eq	2,57E-03	1,61E+00	Person-years	1,60E-03	2,80	Points	4,48E-05
Eutrophication, marine	kg N eq	5,85E-02	1,95E+01	Person-years	2,99E-03	2,96	Points	8,85E-05
Eutrophication, terrestrial	mol N eq	7,28E-01	1,77E+02	Person-years	4,12E-03	3,71	Points	1,53E-04
Human toxicity, cancer	CTUh	5,87E-08	1,69E-05	Person-years	3,48E-03	2,13	Points	7,40E-05
Human toxicity, non-cancer	CTUh	3,35E-07	2,30E-04	Person-years	1,46E-03	1,84	Points	2,68E-05
Ionising radiation	kBq U-235 eq	1,18E+00	4,22E+03	Person-years	2,80E-04	5,01	Points	1,40E-05
Land use	Pt	3,05E+02	8,19E+05	Person-years	3,72E-04	7,94	Points	2,96E-05
Ozone depletion	kg CFC11 eq	2,34E-06	5,36E-02	Person-years	4,37E-05	6,31	Points	2,75E-06
Particulate matter	disease inc.	1,99E-06	5,95E-04	Person-years	3,33E-03	8,96	Points	2,99E-04
Photochemical ozone formation	kg NMVOC eq	4,76E-02	4,06E+01	Person-years	1,17E-03	4,78	Points	5,60E-05
Resource use, fossils	MJ	8,63E+01	6,50E+04	Person-years	1,33E-03	8,32	Points	1,10E-04
Resource use, minerals and metals	kg Sb eq	4,00E-05	6,36E-02	Person-years	6,29E-04	7,55	Points	4,75E-05
Water use	m3 depriv.	4,25E+00	1,15E+04	Person-years	3,70E-04	8,51	Points	3,15E-05
Total (single score)	n/a	n/a	n/a	Person-years	n/a	n/a	Points	2,06E-03



# INTERPRETATION OF PEF RESULTS & CONCLUSIONS

Table 3 – Most relevant impact categories, Life cycle stages, Processes and Flows (example).

Impact category	% Contribution	Life cycle sub-stage	% Contribution	Processes	% Contribution
Acidification	9,2%	Raw materials (in final product)	71,5%	Upper - Leather	46,1%
		Raw materials (that go to waste)	20,9%	Upper - Cotton	9,6%
				Upper - Leather	20,9%
Climate change	24,9%	Raw materials (in final product)	68,8%	Upper - Leather	32,5%
		Raw materials (that go to waste)	14,8%	Outsole	22,1%
				Upper - Leather	14,8%
Ecotoxicity, freshwater	10,4%	Raw materials (in final product)	68,6%	Upper - Leather	39,3%
		Raw materials (that go to waste)	17,6%	Upper - Cotton	13,2%
				Upper - Leather	17,9%
Eutrophication, marine	6,1%	Raw materials (in final product)	80,4%	Upper - Leather	31,8%
		Raw materials (in final product)	14,4%	Upper - Cotton	29,4%
				insock	11,3%
Eutrophication, terrestrial	6,4%	Raw materials (in final product)	72,2%	Upper - Leather	14,4%
		Raw materials (that go to waste)	22,4%	Upper - Cotton	49,5%
				Upper - Leather	10,5%
Particulate matter	10,7%	Raw materials (in final product)	67,2%	Upper - Leather	22,5%
		Raw materials (that go to waste)	21,7%	Upper - Cotton	47,7%
				Upper - Leather	7,2%
Water use	17,2%	Raw materials (in final product)	98,9%	Upper - Leather	21,7%
				Upper - Cotton	62,9%
				Insock	23,7%



# INTERPRETATION OF PEF RESULTS & CONCLUSIONS

Table 4- Most relevant impact categories, Life cycle stages, Processes and Flows (example).

Impact category	% Contribution	Life cycle stage	% Contribution	Material / component / process	% Contribution
Climate change	24,0%	Raw materials in final product	55,5%	Outsole	22,3%
				Insole	8,0%
				Interlayer	7,8%
				Insock	6,9%
				Upper	3,5%
		Raw materials that goes to waste	3,0%	Interlayer	1,4%
		Waste	19,8%	Urban waste	15,7%
End of Life	7,3%			Transport passenger car	3,8%
				Municipal solid waste	3,2%
Resource use, fossils	16,8%	Raw materials in final product	68,0%	Outsole	35,1%
				Insole	9,9%
				Insock	7,5%
				Interlayer	5,6%
		Waste	15,4%	Urban waste	12,0%
Raw materials that goes to waste	2,8%	Interlayer	1,3%		
Resource use, minerals and metals	16,1%	Waste	90,9%	Urban waste	84,0%



# INTERPRETATION OF PEF RESULTS & CONCLUSIONS



Most relevant life cycle stages  
Raw-materials acquisition and pre-processing

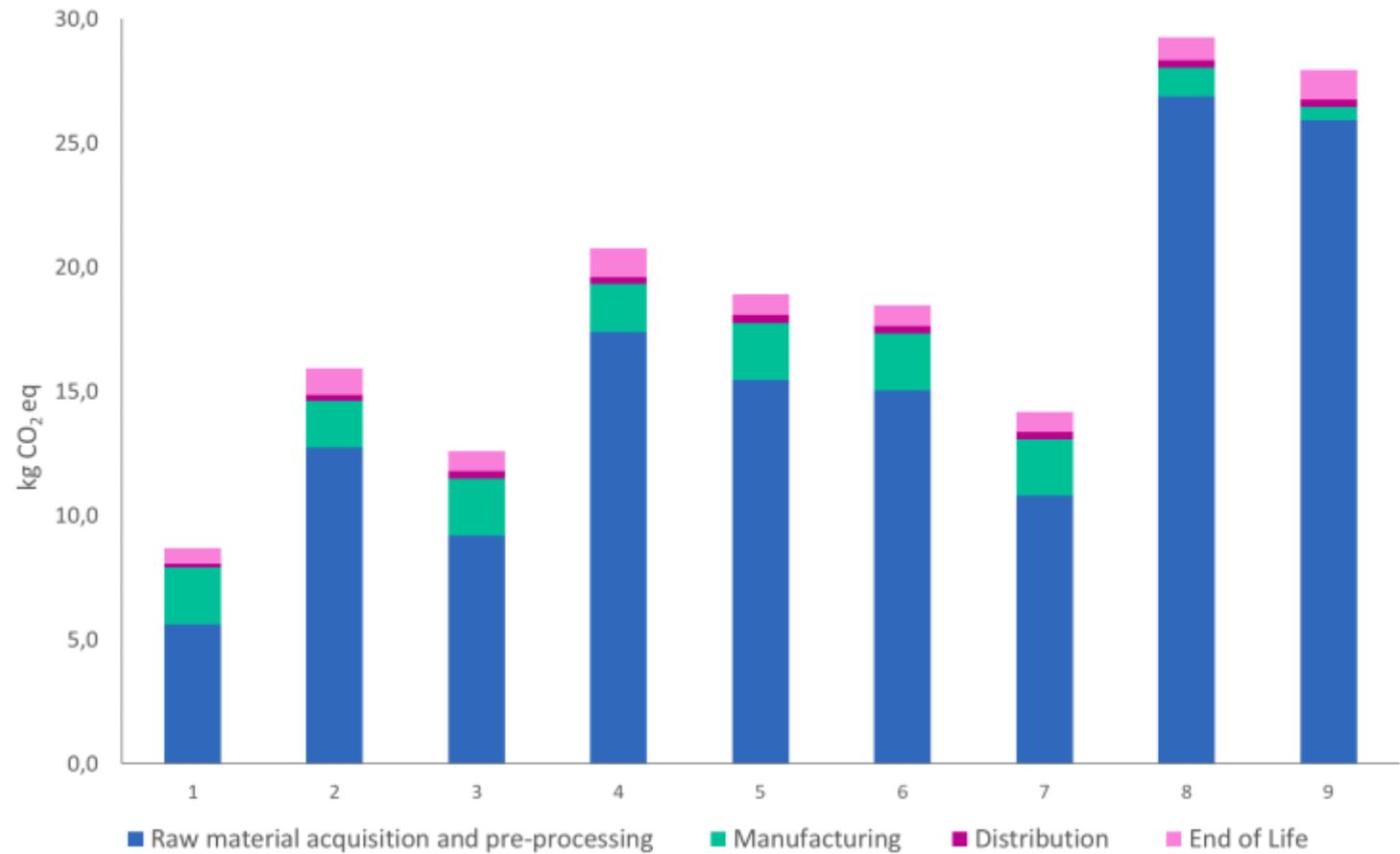


Figure 3 - Climate Change (GWP) value calculated by life cycle stage for boots.



## HOW TO REDUCE THE PEV OF FOOTWEAR?





1

**Design for a need**

2

**Design for durability and reparability**

3

**Design for recycling, reuse and recovery**





4

Select less, lighter and lower impact materials

5

Avoid potentially hazardous substances and materials

6

Optimise manufacturing processes





7

Select more environmental efficient distribution

8

Reduce the environmental impact in the use stage

9

Optimise the EoL



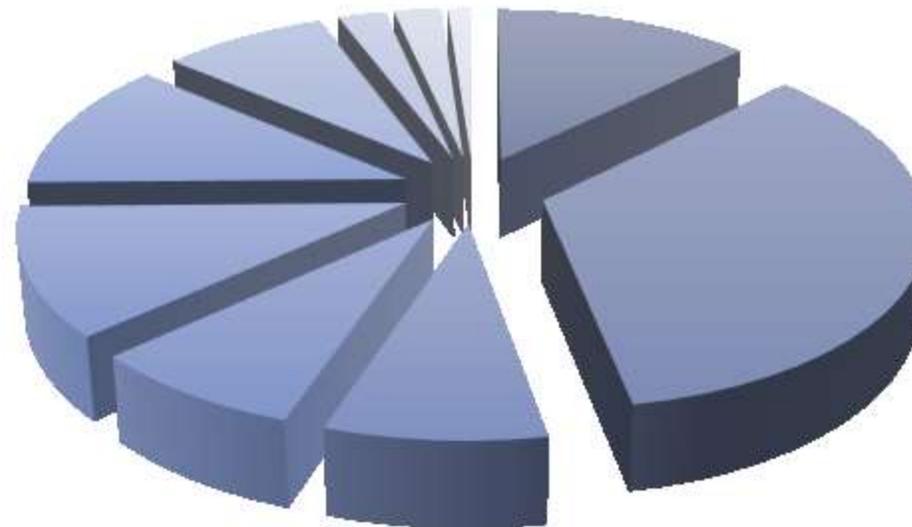


## HOW TO REDUCE THE PEF OF FOOTWEAR?

### Actions to increase sustainability

CTCP, identifies 10 areas with high potential of increasing footwear sustainability and reduce the PEF

- Design
- Materials & Components
- Materials Efficiency
- Go Circular
- Research
- Green Energy
- Business Models
- Processes
- Chemicals
- Packaging



## HOW TO REDUCE THE PEF OF FOOTWEAR?



### Actions to increase sustainability

**Ecodesign:** Product ecodesign for longer life, repairability and circular use/recyclability.

**Materials & Components:** Upper, lining, and bottom that have low environmental, carbon and water footprint, have lower weight and are recycled / recyclable.

**Materials Efficiency:** Using materials more efficiently and reducing wastes.

**Go Circular:** Increasing production waste & used products circularity and recycling.

**Research:** Developing materials, product concepts, processes and business models with lower environmental, carbon and water footprint (impact).

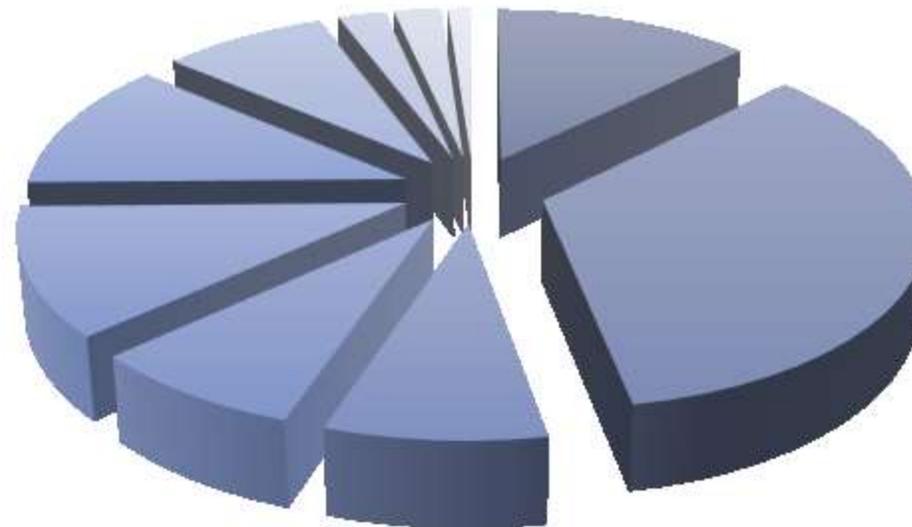


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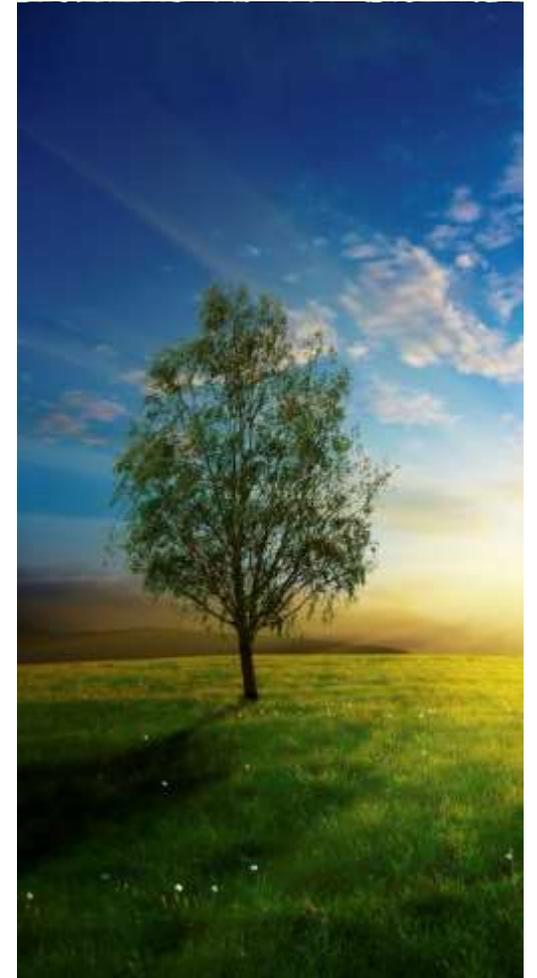
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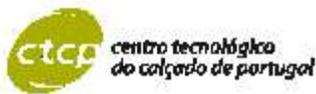


## I&I Bioeconomy (1-4)

- In footwear, the **materials, components and waste are the major contributors to GHG emissions**, and investigation and innovation (I&I) are core to pursuing the 2030 targets.
- The sectors need to develop and deploy the **“next generation” of sustainable materials and processes**, including biological and plant-based materials, man-made biobased materials, material-to-material recycling and innovative production technologies and products.
- **BioShoes4All** national project supported by the program “Recuperar Portugal” PRR C-12 “Bioeconomia Sustentável” (project nº 11) was designed with this purpose and includes **70 partners from industry to retail and academia** (2022-2025).



# I&I Bioeconomy (2-4)



A. CASTRO



LUIS ONOFRE  
SHOES & ACCESSORIES



CVR



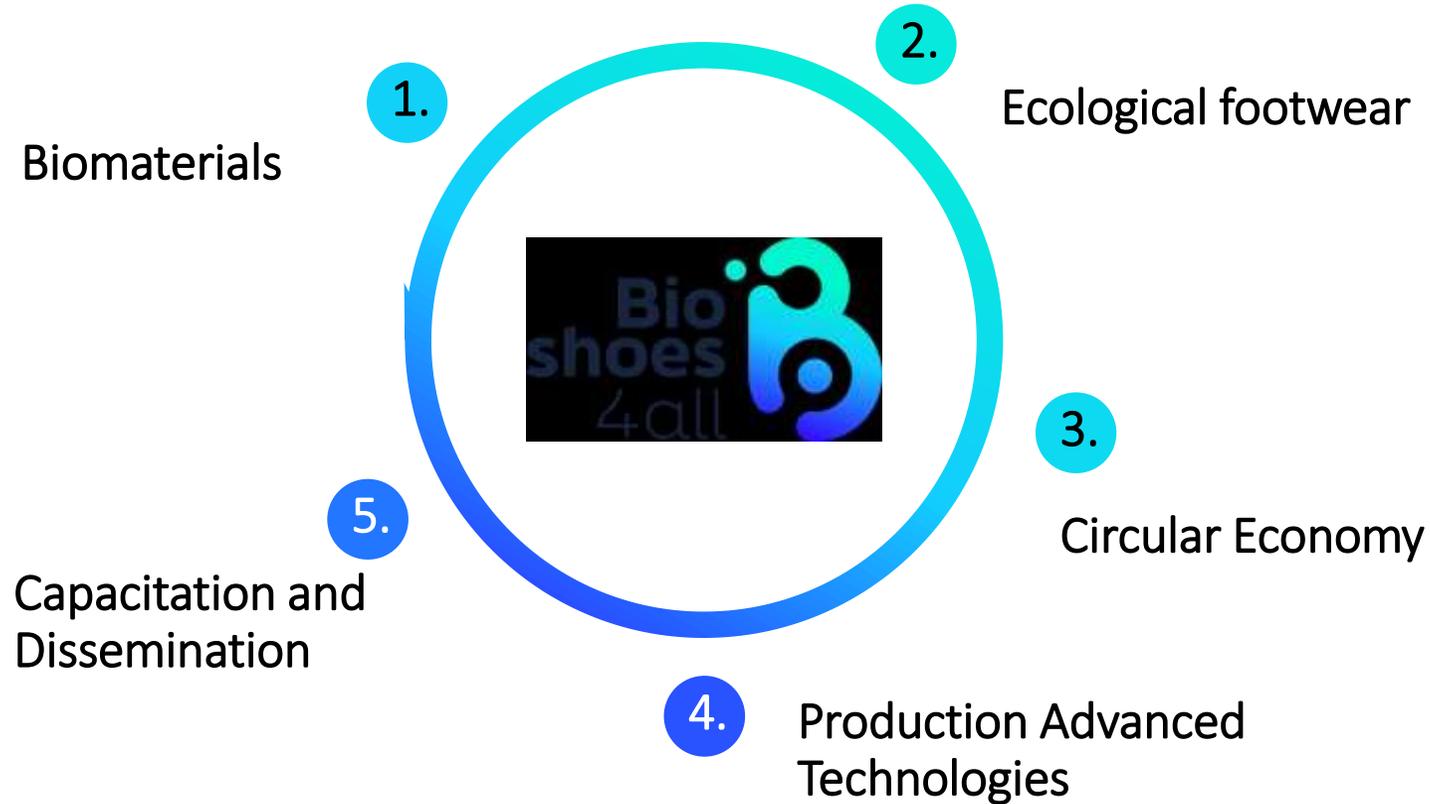
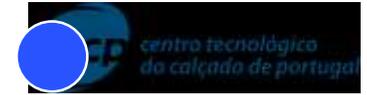
Comércio e Indústria de peles, S.A



VALUNI  
SHOES WITH CHARACTER



# I&I Bioeconomy (3-4)



**Pillars 1 a 4**  
Research,  
Innovation  
& Deployment



# I&I Bioeconomy (4-4)



## Results expected

- Promote the transition of footwear sectors to the bioeconomy and sustainable circular economy
- New bio and eco fibers, charges, materials, components, products and processes
- Footwear, leather goods... functional, durable, circular, < PEF
- Advanced and digital production technologies (automation, robotization, in-situ recycling..)
- Solutions for the valorization / use of biological waste, sector production waste and post-consumer products





# **CASE STUDIES: FOOTWEAR PRODUCTS WITH LOWER PEF & GREEN MATERIALS**



## Footwear MAIN STRATEGIES TO REDUCE PER



Selection of materials of lower environmental impacts (e.g., recycled materials)

Reduction of the mass of raw materials & components

Reduce the manufacturing waste (e.g., optimization of cut operation)

More energy efficient manufacturing processes

**Original shoe model**



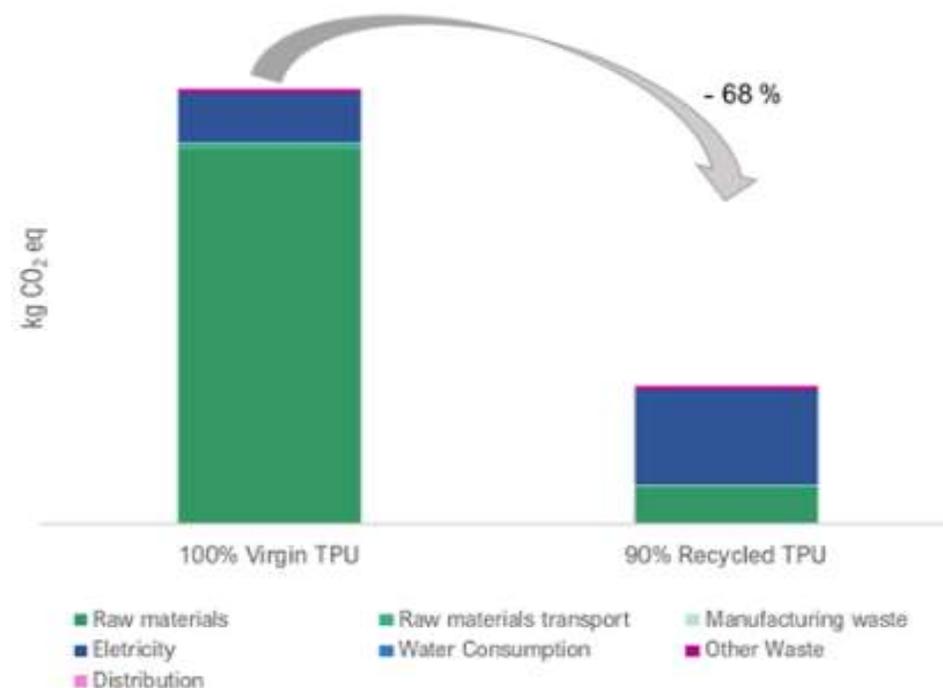
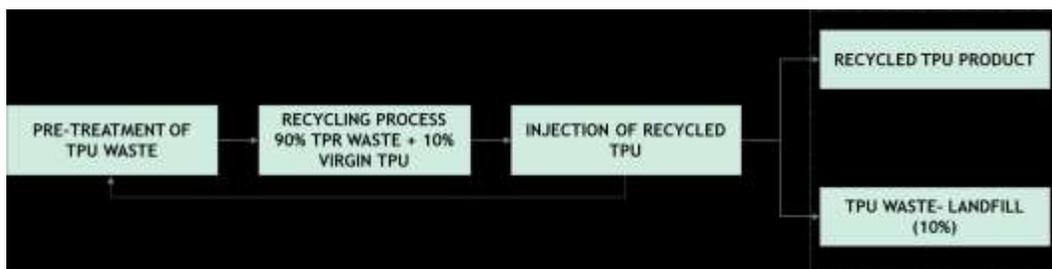
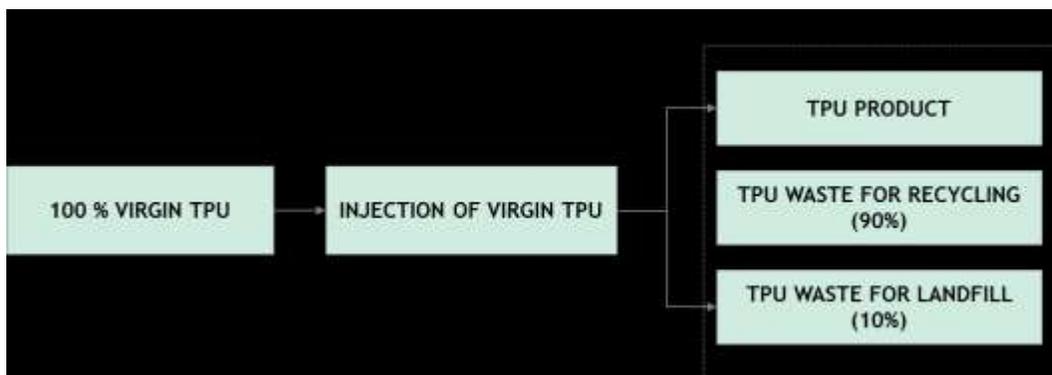
**Sustainable shoe model 1**



**Sustainable shoe model 2**



# New recycled plastic materials and components (up to 90% TPU waste)





# REDUCING THE **CARBON FOOTPRINT** OF OUR PRODUCTS

**-4%** Kg CO<sub>2</sub> eq

**8% Recycled EVA with cork**

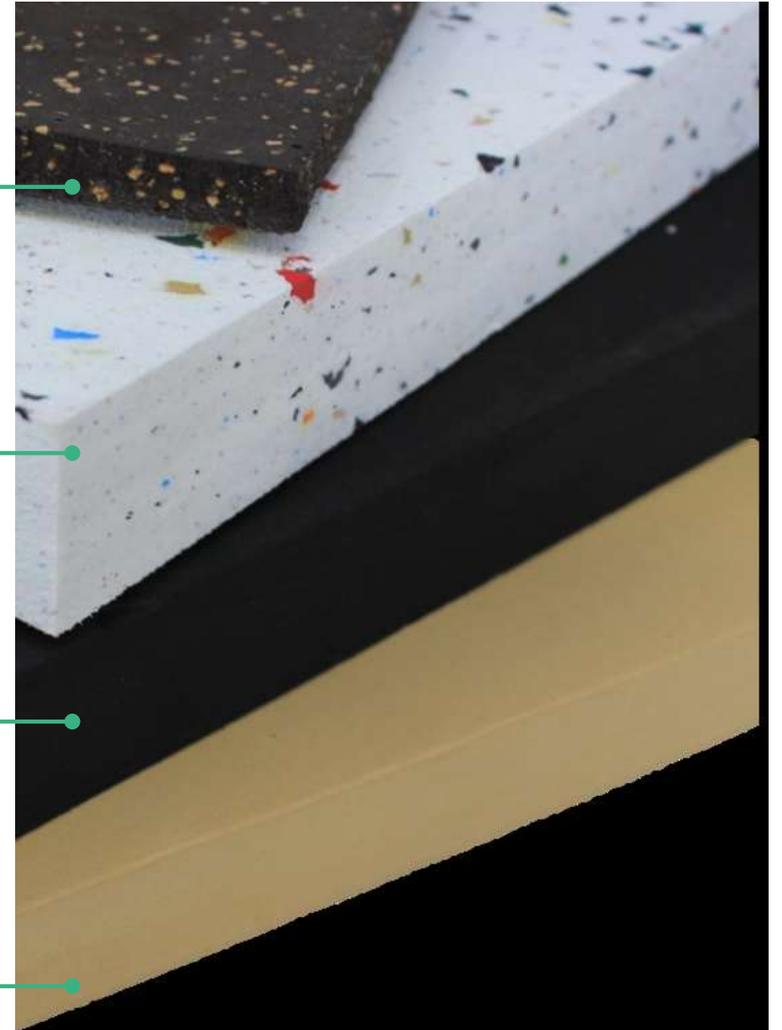
**-8%** Kg CO<sub>2</sub> eq

**15% EVA recycled sheet**

**-70%** Kg CO<sub>2</sub> eq

**100% EVA recycled sheet**

**Conventional sheet**

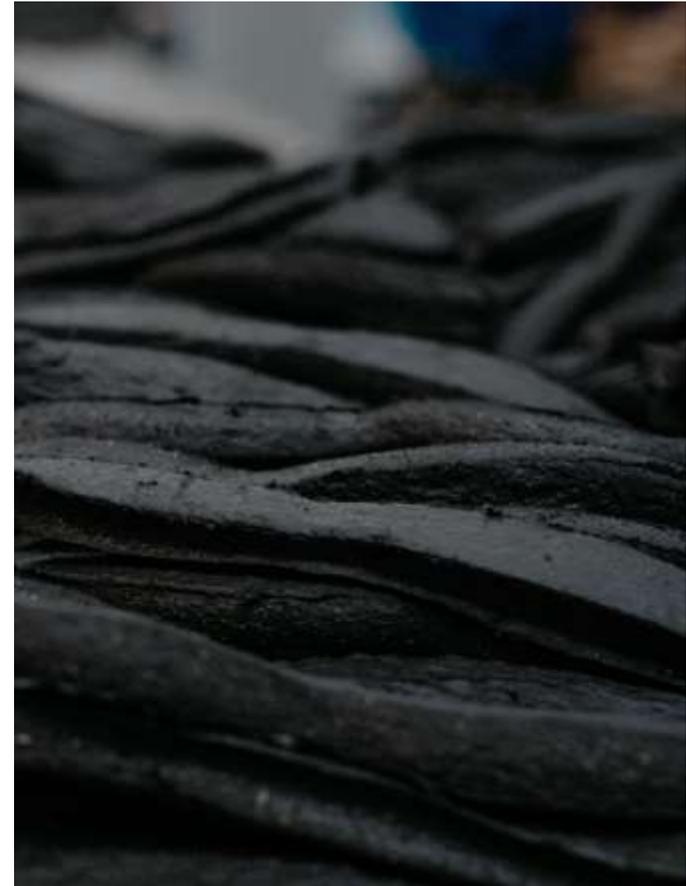




**Recycled rubber**



**Recycled rubber formulation**



**Recycled rubber material**



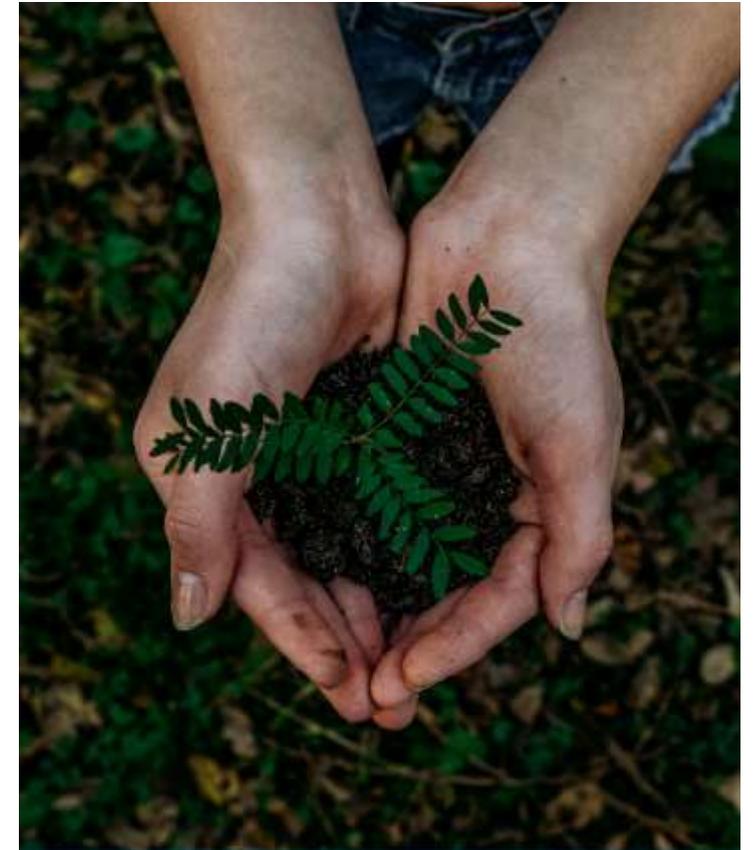
# RECOMMENDATIONS AND LESSONS LEARNED TO IMPROVE PEFCR





## RECOMMENDATIONS AND LESSONS LEARNED

- 1) Definition of a common **template for data collection**
- 2) Specific **datasets** for footwear materials, including new materials (e.g., recycled and recyclable, biobased, biodegradable)
- 3) **Specific scenarios** for footwear manufacture and end-of-life
- 4) Common methodology to measure and integrate the durability of products in LCA. **Valorisation of durability**
- 5) PEF for all types of footwear, including **working shoes**
- 6) **More default scenarios** for lack of available primary data
- 7) A **tool to communicate the PEF /label** (e.g. A, B...F).





SUSTAINABLE  
DEVELOPMENT  
GOALS

	<p><b>1</b> NO POVERTY</p>	<p><b>2</b> ZERO HUNGER</p>	<p><b>3</b> GOOD HEALTH AND WELL-BEING</p>	<p><b>4</b> QUALITY EDUCATION</p>	<p><b>5</b> GENDER EQUALITY</p>
<p><b>6</b> CLEAN WATER AND SANITATION</p>	<p><b>7</b> AFFORDABLE AND CLEAN ENERGY</p>	<p><b>8</b> DECENT WORK AND ECONOMIC GROWTH</p>	<p><b>9</b> INDUSTRY, INNOVATION AND INFRASTRUCTURE</p>	<p><b>10</b> REDUCED INEQUALITIES</p>	<p><b>11</b> SUSTAINABLE CITIES AND COMMUNITIES</p>
<p><b>12</b> RESPONSIBLE CONSUMPTION AND PRODUCTION</p>	<p><b>13</b> CLIMATE ACTION</p>	<p><b>14</b> LIFE BELOW WATER</p>	<p><b>15</b> LIFE ON LAND</p>	<p><b>16</b> PEACE, JUSTICE AND STRONG INSTITUTIONS</p>	<p><b>17</b> PARTNERSHIPS FOR THE GOALS</p>



SUSTAINABLE  
DEVELOPMENT  
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**Thank you very much for your attention!**

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